

TOWNVILLE INFANTS SCHOOL

Physical Restraint Policy

In the event of a situation where physical restraint is a possible outcome.

This is permissible in circumstances where a member of staff is attempting to prevent a child from harming him/herself or others, or to prevent serious damage to property. De-escalating strategies should be used whenever possible before physical restraint is considered.

Suggested de-escalation techniques which might be used.

- Talking to the child calmly being aware of threatening body language/eye contact which may provoke the child into a reaction
- Distraction – directing the child's attention on to something else
- Negotiation
- Warning
- Planned ignoring
- Transfer adult (different adult intervenes to diffuse situation)
- Reassurance
- Humour
- Choices
- Support systems
- Instruction

The Headteacher should be notified as soon as possible of any incident that requires physical restraint, a record made and kept in the Headteachers office.

When an incident occurs every effort should be made to have a witness present.

Named teacher/s use the minimum of force.

As soon as it is safe to do so restraint is relaxed and the child is left to gain self-control.

Parents need to be notified of the incident.

Majority of staff have attended the 12 hour Team Teach Course. Spring 2014.

New training has been booked for Friday 10th February and twenty members of staff are to attend.

New staff are encouraged to attend training if required.

Staff follow Wakefield LA's recommended guidelines on the use of restrictive physical interventions to manage behaviour.

Named Staff

Named staff are people who are able and willing to intervene when an incident occurs.

- Mrs Towler HT
- Sharon Peach DHT
- Claire Cranton DSL

The above staff are familiar with the guidelines and before any physical intervention all other preferred supportive strategies have been carried out.

Policy Reviewed 13/03/09

Updated: 07.09.2011

Updated 10.09.2012

Updated September 2013

Updated September 2014

Updated September 2015

Updated September 2016